



Physical Requirements to Fulfill the Essential Functions Facilities Assistant - Cornerstone

WORKING ENVIRONMENT	OCCASIONAL	FREQUENT	DAILY
OUTDOOR DUTY	X		
*COLD (50°F OR LOWER)	X		
*HEAT (90°F OR HIGHER)	X		
GASES/FUMES/DUST		X	
CHEMICALS/SOLVENTS	X		
NOISE		X	
HIGH STRESS	X		
INTERRUPTIONS		X	
NEED FOR FREQUENT RESTROOM BREAKS	X		
OVERTIME NECESSARY	X		
CLIMBING STAIRS	X		
CRAWLING	X		
STANDING		X	
SITTING		X	
WALKING		X	
RUNNING			
KNEELING	X		
BENDING		X	
REACHING OVER SHOULDER		X	
REACH WHITEBOARD HEIGHT	X		
PUSHING		X	
PULLING		X	
MOVING HEAVY ITEMS			
LIFTING/ LOWERING:			
up to 20 lbs		X	
up to 50 lbs	X		
more than 50 lbs	X		
LIFTING OVER SHOULDER:			
up to 20 lbs		X	
up to 50 lbs	X		
more than 50 lbs	X		
CARRYING:			
up to 20 lbs		X	
up to 50 lbs	X		
more than 50 lbs	X		

OPERATE MACHINERY	OCCASIONAL	FREQUENT	DAILY
TELEPHONE	X		
FAX	X		
COPIER	X		
COMPUTER	X		
PRINTER	X		
CALCULATOR			
PROJECTION EQUIPMENT	X		
OTHER AV EQUIPMENT	X		
OTHER (Please List)			
LAWN EQUIPMENT: MOWER, WEED WACKER, BLOWER ETC.		SEASONAL	
SNOW BLOWER		SEASONAL	
HAND TOOLS		X	
BASKETBALL GOALS	X		
BLEACHERS	X		
WEIGHT ROOM EQUIPMENT	X		
ACTIVITY BUSES		X	
OTHER REQUIREMENTS	OCCASIONAL	FREQUENT	DAILY
ON-TIME ARRIVAL			X
REGULAR ATTENDANCE			X
SUMMON EMERGENCY HELP	X		
APPLY CPR/FIRST AID	X		
LEAD FIELD TRIPS			
COMMUNICATE DATA	X		
PREPARE REPORTS	X		
VISUAL ACUITY: NEAR			X
VISUAL ACUITY: FAR			X
COLOR DISCRIMINATION			X
SPEAK CLEARLY			X
HEAR CLEARLY			X
MANUAL DEXTERITY			X
EYE/HAND COORDINATION			X
DRIVING		X	

Date job description last reviewed: _____

Reviewed by: _____